

DAY 1 – Sunday 10th May

Read - Genesis 1 : 3-5

And God said, “Let there be light,” and there was light.⁴ God saw that the light was good, and he separated the light from the darkness.⁵ God called the light “day,” and the darkness he called “night.” And there was evening, and there was morning—the first day.

Reflect

Each morning, the Sun comes up, and each evening, it sets. How incredible that the rhythm of life at the beginning of Creation is still the one that people all over the world experience.

Reflect for a moment on the rhythm of life and the enduring promise of the rise each day.

Consider the amazing wonder and beauty of Creation in the world which we inhabit. What a blessing!

Pray

Giver of life, thank you for the light of each day. Thank you for mercy, new every morning. Tune us in to the rhythm of your will, renewing, restoring and releasing creation, so that we may be co-creators with you.

Amen.

Meditate

How easy it is for us to become complacent. We take so many things for granted, don't we? It would be unthinkable for the Sun not to rise or for the rain not to fall. God is so faithful, may we be as faithful to Him as He is to us.